



COS

SYNCHRONIZED SKATING TECHNICAL SEMINAR

JUNE 19, 2009

4:00 pm – 10:00 pm

Skate Canada – Central Ontario Office
111 Snidercroft Road, Unit A
Concord, Ontario

PRESENTERS: Cathy Dalton, ISU Coaches Committee

Cathy Dalton will lead discussion on Topics that include:

- ❑ *Common Errors*
- ❑ *Technical Updates*

PRE REGISTRATION IS REQUIRED.

REGISTRATION FEE: \$15.00 PER PARTICIPANT
(Dinner will be provided)

DEADLINE FOR REGISTRATION: Monday June 15, 2009

This seminar is open to all COS Coaches, Technical Specialists and Technical Controllers. Out of section coaches, Technical Specialists and Technical Controllers are welcome if space is available. All coaches interested must submit an application and payment to ensure their registration to the Skate Canada - Central Ontario office.

PLEASE RETURN REGISTRATION FORM TO:
SKATE CANADA – CENTRAL ONTARIO
111 Snidercroft Road, Unit A
Concord, ON L4K 2J8

Attn: Patti White, Manager, Programs and Services
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