



Scale of Values - Pair

Version 6.04

Code	Description	Plus 3	Plus 2	Plus 1	Base	Minus 1	Minus 2	Minus 3
Jumps								
1S	Salchow	1	0.6	0.3	0.4	-0.1	-0.2	-0.3
1S<	Salchow-cheat	0	0	0	0	0	0	0
1T	Toeloop	1	0.6	0.3	0.4	-0.1	-0.2	-0.3
1T<	Toeloop-cheat	0	0	0	0	0	0	0
1Lo	Loop	1	0.6	0.3	0.5	-0.1	-0.2	-0.3
1Lo<	Loop-cheat	0	0	0	0	0	0	0
1F	Flip	1	0.6	0.3	0.5	-0.1	-0.2	-0.3
1F<	Flip-cheat	0	0	0	0	0	0	0
1Lz	Lutz	1	0.6	0.3	0.6	-0.1	-0.2	-0.3
1Lz<	Lutz-cheat	0	0	0	0	0	0	0
1A	Axel	1.5	1	0.5	0.8	-0.2	-0.4	-0.5
1A<	Axel-cheat	0	0	0	0	0	0	0
2S	Double-Salchow	1.5	1	0.5	1.3	-0.3	-0.6	-1
2S<	Double-Salchow-cheat	1	0.6	0.3	0.4	-0.1	-0.2	-0.3
2T	Double-Toeloop	1.5	1	0.5	1.3	-0.3	-0.6	-1
2T<	Double-Toeloop-cheat	1	0.6	0.3	0.4	-0.1	-0.2	-0.3
2Lo	Double-Loop	1.5	1	0.5	1.5	-0.3	-0.6	-1
2Lo<	Double-Loop-cheat	1	0.6	0.3	0.5	-0.1	-0.2	-0.3
2F	Double-Flip	1.5	1	0.5	1.7	-0.3	-0.6	-1
2F<	Double-Flip-cheat	1	0.6	0.3	0.5	-0.1	-0.2	-0.3
2Lz	Double-Lutz	1.5	1	0.5	1.9	-0.3	-0.6	-1
2Lz<	Double-Lutz-cheat	1	0.6	0.3	0.6	-0.1	-0.2	-0.3
2A	Double-Axel	3	2	1	3.3	-0.7	-1.4	-2.1
2A<	Double-Axel-cheat	1.5	1	0.5	0.8	-0.2	-0.4	-0.5
3S	Triple-Salchow	3	2	1	4.5	-1	-2	-3
3S<	Triple-Salchow-cheat	1.5	1	0.5	1.3	-0.3	-0.6	-1
3T	Triple-Toeloop	3	2	1	4	-1	-2	-3
3T<	Triple-Toeloop-cheat	1.5	1	0.5	1.3	-0.3	-0.6	-1
3Lo	Triple-Loop	3	2	1	5	-1	-2	-3
3Lo<	Triple-Loop-cheat	1.5	1	0.5	1.5	-0.3	-0.6	-1
3F	Triple-Flip	3	2	1	5.5	-1	-2	-3
3F<	Triple-Flip-cheat	1.5	1	0.5	1.7	-0.3	-0.6	-1
3Lz	Triple-Lutz	3	2	1	6	-1	-2	-3
3Lz<	Triple-Lutz-cheat	1.5	1	0.5	1.9	-0.3	-0.6	-1
3A	Triple-Axel	3	2	1	7.5	-1	-2	-3
3A<	Triple-Axel-cheat	3	2	1	3.3	-0.7	-1.4	-2.1
4S	Quad.-Salchow	3	2	1	9.5	-1	-2	-3
4S<	Quad.-Salchow-cheat	3	2	1	4.5	-1	-2	-3
4T	Quad.-Toeloop	3	2	1	9	-1	-2	-3
4T<	Quad.-Toeloop-cheat	3	2	1	4	-1	-2	-3
4Lo	Quad.-Loop	3	2	1	10	-1	-2	-3
4Lo<	Quad.-Loop-cheat	3	2	1	5	-1	-2	-3
4F	Quad.-Flip	3	2	1	10.5	-1	-2	-3
4F<	Quad.-Flip-cheat	3	2	1	5.5	-1	-2	-3
4Lz	Quad.-Lutz	3	2	1	11	-1	-2	-3
4Lz<	Quad.-Lutz-cheat	3	2	1	6	-1	-2	-3
4A	Quad. Axel	3	2	1	13	-1	-2	-3
4A<	Quad.-Axel-cheat	3	2	1	7.5	-1	-2	-3
Lifts								
1Li	Lift Group 1 Level 0	0	0	0	0	0	0	0

1Li1	Lift Group 1 Level 1	1	0.6	0.3	1.1	-0.3	-0.6	-1	
1Li2	Lift Group 1 Level 2	1	0.6	0.3	1.3	-0.3	-0.6	-1	
1Li3	Lift Group 1 Level 3	1	0.6	0.3	1.5	-0.3	-0.6	-1	
1Li4	Lift Group 1 Level 4	1	0.6	0.3	1.7	-0.3	-0.6	-1	
2Li	Lift Group 2 Level 0	0	0	0	0	0	0	0	
2Li1	Lift Group 2 Level 1	1	0.6	0.3	1.3	-0.3	-0.6	-1	
2Li2	Lift Group 2 Level 2	1	0.6	0.3	1.7	-0.3	-0.6	-1	
2Li3	Lift Group 2 Level 3	1	0.6	0.3	2.4	-0.3	-0.6	-1	
2Li4	Lift Group 2 Level 4	1	0.6	0.3	3	-0.3	-0.6	-1	
3Li	Lift Group 3 Level 0	0	0	0	0	0	0	0	
3Li1	Lift Group 3 Level 1	1.5	1	0.5	2.5	-0.3	-0.6	-1	
3Li2	Lift Group 3 Level 2	1.5	1	0.5	3	-0.3	-0.6	-1	
3Li3	Lift Group 3 Level 3	1.5	1	0.5	3.5	-0.3	-0.6	-1	
3Li4	Lift Group 3 Level 4	1.5	1	0.5	4	-0.3	-0.6	-1	
4Li	Lift Group 4 Level 0	0	0	0	0	0	0	0	
4Li1	Lift Group 4 Level 1	1.5	1	0.5	2.5	-0.3	-0.6	-1	
4Li2	Lift Group 4 Level 2	1.5	1	0.5	3	-0.3	-0.6	-1	
4Li3	Lift Group 4 Level 3	1.5	1	0.5	3.5	-0.3	-0.6	-1	
4Li4	Lift Group 4 Level 4	1.5	1	0.5	4	-0.3	-0.6	-1	
5ALi	Lift Group 5, Axel lasso, Level 0	0	0	0	0	0	0	0	
5ALi1	Lift Group 5, Axel lasso, Level 1	2	1.4	0.7	5	-0.3	-0.6	-1	
5ALi2	Lift Group 5, Axel lasso, Level 2	2	1.4	0.7	5.5	-0.3	-0.6	-1	
5ALi3	Lift Group 5, Axel Lasso, Level 3	3	2	1	6	-0.3	-0.6	-1	
5ALi4	Lift Group 5, Axel Lasso, Level 4	3	2	1	6.5	-0.3	-0.6	-1	
5RLi	Lift Group 5, Reverse, Level 0	0	0	0	0	0	0	0	
5RLi1	Lift Group 5, Reverse, Level 1	1.5	1	0.5	4.5	-0.3	-0.6	-1	
5RLi2	Lift Group 5, Reverse, Level 2	1.5	1	0.5	5	-0.23	-0.6	-1	
5RLi3	Lift Group 5, Reverse, Level 3	1.5	1	0.5	5.5	-0.3	-0.6	-1	
5RLi4	Lift Group 5, Reverse, Level 4	1.5	1	0.5	6	-0.3	-0.6	-1	
5SLi	Lift Group 5, Step lasso, Level 0	0	0	0	0	0	0	0	
5SLi1	Lift Group 5, Step lasso, Level 1	1.5	1	0.5	4.5	-0.3	-0.6	-1	
5SLi2	Lift Group 5, Step lasso, Level 2	1.5	1	0.5	5	-0.3	-0.6	-1	
5SLi3	Lift Group 5, Step lasso, Level 3	1.5	1	0.5	5.5	-0.3	-0.6	-1	
5SLi4	Lift Group 5, Step lasso, Level 4	1.5	1	0.5	6	-0.3	-0.6	-1	
5TLi	Lift Group 5, Toe lasso, Level 0	0	0	0	0	0	0	0	
5TLi1	Lift Group 5, Toe lasso, Level 1	1.5	1	0.5	4.5	-0.3	-0.6	-1	
5TLi2	Lift Group 5, Toe lasso, Level 2	1.5	1	0.5	5	-0.3	-0.6	-1	
5TLi3	Lift Group 5, Toe lasso, Level 3	1.5	1	0.5	5.5	-0.3	-0.6	-1	
5TLi4	Lift Group 5, Toe lasso, Level 4	1.5	1	0.5	6	-0.3	-0.6	-1	
Solo Spins		<i>Spin in one position, no change of foot</i>							
LSp	Layback Spin Level 0	0	0	0	0	0	0	0	
LSp1	Layback Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1	
LSp2	Layback Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1	
LSp3	Layback Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1	
LSp4	Layback Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1	
SSp	Sit Spin Level 0	0	0	0	0	0	0	0	
SSp1	Sit Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1	
SSp2	Sit Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1	
SSp3	Sit Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1	
SSp4	Sit Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1	
USp	Upright Spin Level 0	0	0	0	0	0	0	0	

USp1	Upright Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
USp2	Upright Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
USp3	Upright Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
USp4	Upright Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
CSp	Camel Spin Level 0	0	0	0	0	0	0	0
CSp1	Camel Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
CSp2	Camel Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
CSp3	Camel Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
CSp4	Camel Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
Spin in one position with change of foot								
CLSp	Change Layback Spin Level 0	0	0	0	0	0	0	0
CLSp1	Change Layback Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
CLSp2	Change Layback Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
CLSp3	Change Layback Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
CLSp4	Change Layback Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
CSSp	Change Foot Sit Spin Level 0	0	0	0	0	0	0	0
CSSp1	Change Foot Sit Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
CSSp2	Change Foot Sit Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
CSSp3	Change Foot Sit Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
CSSp4	Change Foot Sit Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
CUSp	Change Foot Upright Spin Level 0	0	0	0	0	0	0	0
CUSp1	Change Foot Upright Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
CUSp2	Change Foot Upright Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
CUSp3	Change Foot Upright Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
CUSp4	Change Foot Upright Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
CCSp	Change Camel Spin Level 0	0	0	0	0	0	0	0
CCSp1	Change Camel Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
CCSp2	Change Camel Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
CCSp3	Change Camel Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
CCSp4	Change Camel Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
Flying spin in one position, no change of foot								
FLSp	Flying Layback Spin Level 0	0	0	0	0	0	0	0
FLSp1	Flying Layback Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FLSp2	Flying Layback Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FLSp3	Flying Layback Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FLSp4	Flying Layback Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
FSSp	Flying Sit Spin Level 0	0	0	0	0	0	0	0
FSSp1	Flying Sit Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FSSp2	Flying Sit Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FSSp3	Flying Sit Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FSSp4	Flying Sit Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
FUSp	Flying Upright Spin Level 0	0	0	0	0	0	0	0
FUSp1	Flying Upright Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FUSp2	Flying Upright Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FUSp3	Flying Upright Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FUSp4	Flying Upright Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
FCSp	Flying Camel Spin Level 0	0	0	0	0	0	0	0
FCSp1	Flying Camel Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FCSp2	Flying Camel Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FCSp3	Flying Camel Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FCSp4	Flying Camel Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1

Flying spin in one position with change of foot								
FCLSp	Fly Change Foot Layback Spin 0	0	0	0	0	0	0	0
FCLSp1	Fly Change Foot Layback Spin 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FCLSp2	Fly Change Foot Layback Spin 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FCLSp3	Fly Change Foot Layback Spin 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FCLSp4	Fly Change Foot Layback Spin 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
FCSSp								
FCSSp	Fly Change Foot Sit Spin Level 0	0	0	0	0	0	0	0
FCSSp1	Fly Change Foot Sit Spin Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FCSSp2	Fly Change Foot Sit Spin Level 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FCSSp3	Fly Change Foot Sit Spin Level 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FCSSp4	Fly Change Foot Sit Spin Level 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
FCUSp								
FCUSp	Fly Change Foot Upright Spin 0	0	0	0	0	0	0	0
FCUSp1	Fly Change Foot Upright Spin 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FCUSp2	Fly Change Foot Upright Spin 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FCUSp3	Fly Change Foot Upright Spin 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FCUSp4	Fly Change Foot Upright Spin 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
FCCSp								
FCCSp	Fly Change Foot Camel Spin 0	0	0	0	0	0	0	0
FCCSp1	Fly Change Foot Camel Spin 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
FCCSp2	Fly Change Foot Camel Spin 2	1.5	1	0.5	1.7	-0.3	-0.6	-1
FCCSp3	Fly Change Foot Camel Spin 3	1.5	1	0.5	2.1	-0.3	-0.6	-1
FCCSp4	Fly Change Foot Camel Spin 4	1.5	1	0.5	2.5	-0.3	-0.6	-1
Combination spin with no change of foot								
CoSp	Combo Spin, Level 0	0	0	0	0	0	0	0
CoSp1	Combo Spin, Level 1	1.5	1	0.5	1.7	-0.3	-0.6	-1
CoSp2	Combo Spin, Level 2	1.5	1	0.5	2.1	-0.3	-0.6	-1
CoSp3	Combo Spin, Level 3	1.5	1	0.5	2.5	-0.3	-0.6	-1
CoSp4	Combo Spin, Level 4	1.5	1	0.5	3	-0.3	-0.6	-1
FCoSp								
FCoSp	Fly Combo Spin Level 0	0	0	0	0	0	0	0
FCoSp1	Fly Combo Spin Level 1	1.5	1	0.5	1.7	-0.3	-0.6	-1
FCoSp2	Fly Combo Spin Level 2	1.5	1	0.5	2.1	-0.3	-0.6	-1
FCoSp3	Fly Combo Spin Level 3	1.5	1	0.5	2.5	-0.3	-0.6	-1
FCoSp4	Fly Combo Spin Level 4	1.5	1	0.5	3	-0.3	-0.6	-1
Combination spin with change of foot								
CCoSp	Change Combo Spin, Level 0	0	0	0	0	0	0	0
CCoSp1	Change Combo Spin, Level 1	1.5	1	0.5	2	-0.3	-0.6	-1
CCoSp2	Change Combo Spin, Level 2	1.5	1	0.5	2.5	-0.3	-0.6	-1
CCoSp3	Change Combo Spin, Level 3	1.5	1	0.5	3	-0.3	-0.6	-1
CCoSp4	Change Combo Spin, Level 4	1.5	1	0.5	3.5	-0.3	-0.6	-1
FCCoSp								
FCCoSp	Fly Change Combo Spin Level 0	0	0	0	0	0	0	0
FCCoSp1	Fly Change Combo Level Spin 1	1.5	1	0.5	2	-0.3	-0.6	-1
FCCoSp2	Fly Change Combo Spin Level 2	1.5	1	0.5	2.5	-0.3	-0.6	-1
FCCoSp3	Fly Change Combo Spin Level 3	1.5	1	0.5	3	-0.3	-0.6	-1
FCCoSp4	Fly Change Combo Spin Level 4	1.5	1	0.5	3.5	-0.3	-0.6	-1
Pair Spins								
PSp	Pair Spin - Level 0	0	0	0	0	0	0	0
PSp1	Pair Spin - Level 1	1.5	1	0.5	2	-0.3	-0.6	-1
PSp2	Pair Spin - Level 2	1.5	1	0.5	2.5	-0.3	-0.6	-1
PSp3	Pair Spin - Level 3	1.5	1	0.5	3	-0.3	-0.6	-1
PSp4	Pair Spin - Level 4	1.5	1	0.5	3.5	-0.3	-0.6	-1
PCoSp								
PCoSp	Pair Combination Spin - Level 0	0	0	0	0	0	0	0
PCoSp1	Pair Combination Spin - Level 1	1.5	1	0.5	3	-0.3	-0.6	-1
PCoSp2	Pair Combination Spin - Level 2	1.5	1	0.5	3.5	-0.3	-0.6	-1

PCoSp3	Pair Combination Spin - Level 3	1.5	1	0.5	4	-0.3	-0.6	-1
PCoSp4	Pair Combination Spin - Level 4	1.5	1	0.5	4.5	-0.3	-0.6	-1
Death Spirals								
SpFi	Spiral Figure (any edge)	2	1.4	0.7	2.2	-0.7	-1.4	-2
FiDs	Forward inside Level 0	0	0	0	0	0	0	0
FiDs1	Forward inside Level 1	2	1.4	0.7	2.8	-0.7	-1.4	-2
FiDs2	Forward inside Level 2	2	1.4	0.7	3	-0.7	-1.4	-2
FiDs3	Forward inside Level 3	2	1.4	0.7	3.2	-0.7	-1.4	-2
FiDs4	Forward inside Level 4	2	1.4	0.7	3.5	-0.7	-1.4	-2
BiDs	B.I. Death Spiral Level 0	0	0	0	0	0	0	0
BiDs1	B.I. Death Spiral Level 1	2	1.4	0.7	2.8	-0.7	-1.4	-2
BiDs2	B.I. Death Spiral Level 2	2	1.4	0.7	3	-0.7	-1.4	-2
BiDs3	B.I. Death Spiral Level 3	2	1.4	0.7	3.2	-0.7	-1.4	-2
BiDs4	B.I. Death Spiral Level 4	2	1.4	0.7	3.5	-0.7	-1.4	-2
FoDs	Forward outside Level 0	0	0	0	0	0	0	0
FoDs1	Forward outside Level 1	2	1.4	0.7	3	-0.7	-1.4	-2
FoDs2	Forward outside Level 2	2	1.4	0.7	3.5	-0.7	-1.4	-2
FoDs3	Forward outside Level 3	2	1.4	0.7	4	-0.7	-1.4	-2
FoDs4	Forward outside Level 4	2	1.4	0.7	4.5	-0.7	-1.4	-2
BoDs	B.O. Death Spiral Level 0	0	0	0	0	0	0	0
BoDs1	B.O. Death Spiral Level 1	2	1.4	0.7	3	-0.7	-1.4	-2
BoDs2	B.O. Death Spiral Level 2	2	1.4	0.7	3.5	-0.7	-1.4	-2
BoDs3	B.O. Death Spiral Level 3	2	1.4	0.7	4	-0.7	-1.4	-2
BoDs4	B.O. Death Spiral Level 4	2	1.4	0.7	4.5	-0.7	-1.4	-2
Throws								
1STh	Throw Salchow	1	0.6	0.3	1.2	-0.3	-0.6	-1
1STh<	Throw Salchow-cheat	0	0	0	0	0	0	0
1TTh	Throw ToeLoop	1	0.6	0.3	1.2	-0.3	-0.6	-1
1TTh<	Throw ToeLoop-cheat	0	0	0	0	0	0	0
1LoTh	Throw Loop	1	0.6	0.3	1.5	-0.3	-0.6	-1
1LoTh<	Throw Loop-cheat	0	0	0	0	0	0	0
1FTh	Throw Flip	1	0.6	0.3	1.5	-0.3	-0.6	-1
1FTh<	Throw Flip-cheat	0	0	0	0	0	0	0
1LzTh	Throw Lutz	1	0.6	0.3	1.5	-0.3	-0.6	-1
1LzTh<	Throw Lutz-cheat	0	0	0	0	0	0	0
1ATh	Throw Axel	1.5	1	0.5	2	-0.3	-0.6	-1
1ATh<	Throw Axel-cheat	0	0	0	0	0	0	0
2STh	Throw Double Salchow	1.5	1	0.5	2.5	-0.3	-0.6	-1
2STh<	Throw Double Salchow-cheat	1	0.6	0.3	1.2	-0.3	-0.6	-1
2TTh	Throw Double Toeloop	1.5	1	0.5	2.5	-0.3	-0.6	-1
2TTh<	Throw Double Toeloop-cheat	1	0.6	0.3	1.2	-0.3	-0.6	-1
2LoTh	Throw Double Loop	1.5	1	0.5	3	-0.3	-0.6	-1
2LoTh<	Throw Double Loop-cheat	1	0.6	0.3	1.5	-0.3	-0.6	-1
2FTh	Throw Double Flip	1.5	1	0.5	3	-0.3	-0.6	-1
2FTh<	Throw Double Flip-cheat	1	0.6	0.3	1.5	-0.3	-0.6	-1
2LzTh	Throw Double Lutz	1.5	1	0.5	3	-0.3	-0.6	-1
2LzTh<	Throw Double Lutz-cheat	1	0.6	0.3	1.5	-0.3	-0.6	-1
2ATh	Throw Double Axel	2	1.4	0.7	4	-0.7	-1.4	-2
2ATh<	Throw Double Axel-cheat	1.5	1	0.5	2	-0.3	-0.6	-1
3STh	Throw Triple Salchow	2	1.4	0.7	4.5	-0.7	-1.4	-2
3STh<	Throw Triple Salchow-cheat	1.5	1	0.5	2.5	-0.3	-0.6	-1
3TTh	Throw Triple Toeloop	2	1.4	0.7	4.5	-0.7	-1.4	-2
3TTh<	Throw Triple Toeloop-cheat	1.5	1	0.5	2.5	-0.3	-0.6	-1

3LoTh	Throw Triple Loop	2	1.4	0.7	5	-0.7	-1.4	-2
3LoTh<	Throw Triple Loop-cheat	1.5	1	0.5	3	-0.3	-0.6	-1
3FTh	Throw Triple Flip	2	1.4	0.7	5.5	-0.7	-1.4	-2
3FTh<	Throw Triple Flip-cheat	1.5	1	0.5	3	0.3	-0.6	-1
3LzTh	Throw Triple Lutz	2	1.4	0.7	5.5	-0.7	-1.4	-2
3LzTh<	Throw Triple Lutz-cheat	1.5	1	0.5	3	-0.3	-0.6	-1
Twists								
3ATh	Throw Triple Axel	3	2	1	7.5	-0.7	-1.4	-2
3ATh<	Throw Triple Axel-cheat	2	1.4	0.7	4	-0.7	-1.4	-2
4STh	Throw Quad. Salchow	3	2	1	8	-0.7	-1.4	-2
4STh<	Throw Quad. Salchow-cheat	2	1.4	0.7	4.5	-0.7	-1.4	-2
4TTh	Throw Quad. Toeloop	3	2	1	8	-0.7	-1.4	-2
4TTh<	Throw Quad. Toeloop-cheat	2	1.4	0.7	4.5	-0.7	-1.4	-2
4LoTh	Throw Quad. Loop	3	2	1	8.5	-0.7	-1.4	-2
4LoTh<	Throw Quad. Loop-cheat	2	1.4	0.7	5	-0.7	-1.4	-2
4FTh	Quad. Flip	3	2	1	9	-0.7	-1.4	-2
4FTh<	Quad. Flip Throw-cheat	2	1.4	0.7	5.5	-0.7	-1.4	-2
4LzTh	Throw Quad. Lutz	3	2	1	9	-0.7	-1.4	-2
4LzTh<	Throw Quad. Lutz-cheat	2	1.4	0.7	5.5	-0.7	-1.4	-2
4ATh	Quad Axel Throw	3	2	1	7.5	-0.7	-1.4	-2
4ATh<	Quad Axel Throw - Cheat	3	2	1	7.5	-0.7	-1.4	-2
Twists								
1TTw	Single Toeloop Twist Level 0	0	0	0	0	0	0	0
1TTw1	Single Toeloop Twist Level 1	1.5	1	0.5	1.1	-0.3	-0.6	-1
1TTw2	Single Toeloop Twist Level 2	1.5	1	0.5	1.3	-0.3	-0.6	-1
1TTw3	Single Toeloop Twist Level 3	1.5	1	0.5	1.5	-0.3	-0.6	-1
1TTw4	Single Toeloop Twist Level 4	1.5	1	0.5	1.7	-0.3	-0.6	-1
1TTw<	Single Toeloop Twist Level 0<	0	0	0	0	0	0	0
1TTw1<	Single Toeloop Twist Level 1<	0	0	0	0	0	0	0
1TTw2<	Single Toeloop Twist Level 2<	0	0	0	0	0	0	0
1TTw3<	Single Toeloop Twist Level 3<	0	0	0	0	0	0	0
1TTw4<	Single Toeloop Twist Level 4<	0	0	0	0	0	0	0
2TTw1	Double Toeloop Twist Level 1	1.5	1	0.5	2.7	-0.3	-0.6	-1
2TTw2	Double Toeloop Twist Level 2	1.5	1	0.5	3.2	-0.3	-0.6	-1
2TTw3	Double Toeloop Twist Level 3	1.5	1	0.5	3.7	-0.3	-0.6	-1
2TTw4	Double Toeloop Twist Level 4	1.5	1	0.5	4.2	-0.3	-0.6	-1
2TTw1<	Double Toeloop Twist Level 1<	1.5	1	0.5	1.1	-0.3	-0.6	-1
2TTw2<	Double Toeloop Twist Level 2<	1.5	1	0.5	1.3	-0.3	-0.6	-1
2TTw3<	Double Toeloop Twist Level 3<	1.5	1	0.5	1.5	-0.3	-0.6	-1
2TTw4<	Double Toeloop Twist Level 4<	1.5	1	0.5	1.7	-0.3	-0.6	-1
3TTw1	Triple Toeloop Twist Level 1	2	1.4	0.7	4.2	-0.7	-1.4	-2
3TTw2	Triple Toeloop Twist Level 2	2	1.4	0.7	4.7	-0.7	-1.4	-2
3TTw3	Triple Toeloop Twist Level 3	2	1.4	0.7	5.2	-0.7	-1.4	-2
3TTw4	Triple Toeloop Twist Level 4	2	1.4	0.7	5.7	-0.7	-1.4	-2
3TTw1<	Triple Toeloop Twist Level 1<	1.5	1	0.5	2.7	-0.3	-0.6	-1
3TTw2<	Triple Toeloop Twist Level 2<	1.5	1	0.5	3.2	-0.3	-0.6	-1
3TTw3<	Triple Toeloop Twist Level 3<	1.5	1	0.5	3.7	-0.3	-0.6	-1
3TTw4<	Triple Toeloop Twist Level 4<	1.5	1	0.5	4.2	-0.3	-0.6	-1
4TTw1	Quad Toeloop Twist Level 1	2	1.4	0.7	5.7	-1	-2	-3
4TTw2	Quad Toeloop Twist Level 2	2	1.4	0.7	6.2	-1	-2	-3
4TTw3	Quad Toeloop Twist Level 3	2	1.4	0.7	6.7	-1	-2	-3
4TTw4	Quad Toeloop Twist Level 4	2	1.4	0.7	7.2	-1	-2	-3
4TTw1<	Quad Toeloop Twist Level 1	2	1.4	0.7	4.2	-0.7	-1.4	-2

4TTw2<	Quad Toeloop Twist Level 2	2	1.4	0.7	4.7	-0.7	-1.4	-2
4TTw3<	Quad Toeloop Twist Level 3	2	1.4	0.7	5.2	-0.7	-1.4	-2
4TTw4<	Quad Toeloop Twist Level 4	2	1.4	0.7	5.7	-0.7	-1.4	-2
1LzTw	Single Lutz Twist Level 0	0	0	0	0	0	0	0
1LzTw1	Single Lutz Twist Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
1LzTw2	Single Lutz Twist Level 2	1.5	1	0.5	1.5	-0.3	-0.6	-1
1LzTw3	Single Lutz Twist Level 3	1.5	1	0.5	1.7	-0.3	-0.6	-1
1LzTw4	Single Lutz Twist Level 4	1.5	1	0.5	1.9	-0.3	-0.6	-1
1LzTw<	Single Lutz Twist Level 0<	0	0	0	0	0	0	0
1LzTw1<	Single Lutz Twist Level 1<	0	0	0	0	0	0	0
1LzTw2<	Single Lutz Twist Level 2<	0	0	0	0	0	0	0
1LzTw3<	Single Lutz Twist Level 3<	0	0	0	0	0	0	0
1LzTw4<	Single Lutz Twist Level 4<	0	0	0	0	0	0	0
2LzTw1	Double Lutz Twist Level 1	1.5	1	0.5	3	-0.3	-0.6	-1
2LzTw2	Double Lutz Twist Level 2	1.5	1	0.5	3.5	-0.3	-0.6	-1
2LzTw3	Double Lutz Twist Level 3	1.5	1	0.5	4	-0.3	-0.6	-1
2LzTw4	Double Lutz Twist Level 4	1.5	1	0.5	4.5	-0.3	-0.6	-1
2LzTw1<	Double Lutz Twist Level 1<	1.5	1	0.5	1.3	-0.3	-0.6	-1
2LzTw2<	Double Lutz Twist Level 2<	1.5	1	0.5	1.5	-0.3	-0.6	-1
2LzTw3<	Double Lutz Twist Level 3<	1.5	1	0.5	1.7	-0.3	-0.6	-1
2LzTw4<	Double Lutz Twist Level 4<	1.5	1	0.5	1.9	-0.3	-0.6	-1
3LzTw1	Triple Lutz Twist Level 1	2	1.4	0.7	4.5	-0.7	-1.4	-2
3LzTw2	Triple Lutz Twist Level 2	2	1.4	0.7	5	-0.7	-1.4	-2
3LzTw3	Triple Lutz Twist Level 3	2	1.4	0.7	5.5	-0.7	-1.4	-2
3LzTw4	Triple Lutz Twist Level 4	2	1.4	0.7	6	-0.7	-1.4	-2
3LzTw1<	Triple Lutz Twist Level 1<	1.5	1	0.5	3	-0.3	-0.6	-1
3LzTw2<	Triple Lutz Twist Level 2<	1.5	1	0.5	3.5	-0.3	-0.6	-1
3LzTw3<	Triple Lutz Twist Level 3<	1.5	1	0.5	4	-0.3	-0.6	-1
3LzTw4<	Triple Lutz Twist Level 4<	1.5	1	0.5	4.5	-0.3	-0.6	-1
4LzTw1	Quad Lutz Twist Level 1	2	1.4	0.7	6	-1	-2	-3
4LzTw2	Quad Lutz Twist Level 2	2	1.4	0.7	6.5	-1	-2	-3
4LzTw3	Quad Lutz Twist Level 3	2	1.4	0.7	7	-1	-2	-3
4LzTw4	Quad Lutz Twist Level 4	2	1.4	0.7	7.5	-1	-2	-3
4LzTw1<	Quad Lutz Twist Level 1<	2	1.4	0.7	4.5	-0.7	-1.4	-2
4LzTw2<	Quad Lutz Twist Level 2<	2	1.4	0.7	5	-0.7	-1.4	-2
4LzTw3<	Quad Lutz Twist Level 3<	2	1.4	0.7	5.5	-0.7	-1.4	-2
4LzTw4<	Quad Lutz Twist Level 4<	2	1.4	0.7	6	-0.7	-1.4	-2
1ATw	Single Axel Twist Level 0	0	0	0	0	0	0	0
1ATw1	Single Axel Twist Level 1	1.5	1	0.5	1.3	-0.3	-0.6	-1
1ATw2	Single Axel Twist Level 2	1.5	1	0.5	1.5	-0.3	-0.6	-1
1ATw3	Single Axel Twist Level 3	1.5	1	0.5	1.7	-0.3	-0.6	-1
1ATw4	Single Axel Twist Level 4	1.5	1	0.5	1.9	-0.3	-0.6	-1
1ATw<	Single Axel Twist Level 0<	0	0	0	0	0	0	0
1ATw1<	Single Axel Twist Level 1<	0	0	0	0	0	0	0
1ATw2<	Single Axel Twist Level 2<	0	0	0	0	0	0	0
1ATw3<	Single Axel Twist Level 3<	0	0	0	0	0	0	0
1ATw4<	Single Axel Twist Level 4<	0	0	0	0	0	0	0
2ATw1	Double Axel Twist Level 1	1.5	1	0.5	3.3	-0.3	-0.6	-1
2ATw2	Double Axel Twist Level 2	1.5	1	0.5	3.8	-0.3	-0.6	-1
2ATw3	Double Axel Twist Level 3	1.5	1	0.5	4.3	-0.3	-0.6	-1

2ATw4	Double Axel Twist Level 4	1.5	1	0.5	4.8	-0.3	-0.6	-1
2ATw1<	Double Axel Twist Level 1<	1.5	1	0.5	1.3	-0.3	-0.6	-1
2ATw2<	Double Axel Twist Level 2<	1.5	1	0.5	1.5	-0.3	-0.6	-1
2ATw3<	Double Axel Twist Level 3<	1.5	1	0.5	1.7	-0.3	-0.6	-1
2ATw4<	Double Axel Twist Level 4<	1.5	1	0.5	1.9	-0.3	-0.6	-1
3ATw1	Triple Axel Twist Level 1	2	1.4	0.7	4.8	-0.7	-1.4	-2
3ATw2	Triple Axel Twist Level 2	2	1.4	0.7	5.3	-0.7	-1.4	-2
3ATw3	Triple Axel Twist Level 3	2	1.4	0.7	5.8	-0.7	-1.4	-2
3ATw4	Triple Axel Twist Level 4	2	1.4	0.7	6.3	-0.7	-1.4	-2
3ATw1<	Triple Axel Twist Level 1<	1.5	1	0.5	3.3	-0.3	-0.6	-1
3ATw2<	Triple Axel Twist Level 2<	1.5	1	0.5	3.8	-0.3	-0.6	-1
3ATw3<	Triple Axel Twist Level 3<	1.5	1	0.5	4.3	-0.3	-0.6	-1
3ATw4<	Triple Axel Twist Level 4<	1.5	1	0.5	4.8	-0.3	-0.6	-1
4ATw1	Quad Axel Twist Level 1	2	1.4	0.7	6.3	-1	-2	-3
4ATw2	Quad Axel Twist Level 2	2	1.4	0.7	6.8	-1	-2	-3
4ATw3	Quad Axel Twist Level 3	2	1.4	0.7	7.3	-1	-2	-3
4ATw4	Quad Axel Twist Level 4	2	1.4	0.7	7.8	-1	-2	-3
4ATw1<	Quad Axel Twist Level 1<	2	1.4	0.7	4.8	-0.7	-1.4	-2
4ATw2<	Quad Axel Twist Level 2<	2	1.4	0.7	5.3	-0.7	-1.4	-2
4ATw3<	Quad Axel Twist Level 3<	2	1.4	0.7	5.8	-0.7	-1.4	-2
4ATw4<	Quad Axel Twist Level 4<	2	1.4	0.7	6.3	-0.7	-1.4	-2
Step and Spiral sequences								
CiSt	Circular Step Level 0	0	0	0	0	0	0	0
CiSt1	Circular Step Level 1	1.5	1	0.5	1.8	-0.3	-0.6	-1
CiSt2	Circular Step Level 2	1.5	1	0.5	2.3	-0.3	-0.6	-1
CiSt3	Circular Step Level 3	1.5	1	0.5	3.1	-0.7	-1.4	-2.1
CiSt4	Circular Step Level 4	3	2	1	3.4	-0.7	-1.4	-2.1
SeSt	Serpentine Step Sequence 0	0	0	0	0	0	0	0
SeSt1	Serpentine Step Sequence 1	1.5	1	0.5	1.8	-0.3	-0.6	-1
SeSt2	Serpentine Step Sequence 2	1.5	1	0.5	2.3	-0.3	-0.6	-1
SeSt3	Serpentine Step Sequence 3	1.5	1	0.5	3.1	-0.7	-1.4	-2.1
SeSt4	Serpentine Step Sequence 4	3	2	1	3.4	-0.7	-1.4	-2.1
SiSt	Straight Line Step Sequence 0	0	0	0	0	0	0	0
SiSt1	Straight Line Step Sequence 1	1.5	1	0.5	1.8	-0.3	-0.6	-1
SiSt2	Straight Line Step Sequence 2	1.5	1	0.5	2.3	-0.3	-0.6	-1
SiSt3	Straight Line Step Sequence 3	1.5	1	0.5	3.1	-0.7	-1.4	-2.1
SiSt4	Straight Line Step Sequence 4	3	2	1	3.4	-0.7	-1.4	-2.1
SpSq	Spiral Sequence Level 0	0	0	0	0	0	0	0
SpSq1	Spiral Sequence Level 1	1.5	1	0.5	1.8	-0.3	-0.6	-1
SpSq2	Spiral Sequence Level 2	1.5	1	0.5	2.3	-0.3	-0.6	-1
SpSq3	Spiral Sequence Level 3	1.5	1	0.5	3.1	-0.7	-1.4	-2.1
SpSq4	Spiral Sequence Level 4	3	2	1	3.4	-0.7	-1.4	-2.1