



NCCP Instruction Beginner - CanSkate

Entry Pre-Requisites:

1. Must have passed all three Preliminary STARSkate tests;
2. Must have passed at least one Jr. Bronze STARSkate test and;
3. Must be at least 16 years of age

Requirements for CanSkate Coach "In-training" Status:

1. Attend the 3-day CanSkate course; that now includes Introduction to Competition Part A: Make Ethical Decisions and Planning a Practice modules and;
2. Hold a valid First Aid certificate (every three years)

Requirements for CanSkate Coach "Trained" Status:

1. Complete the CanSkate assignment successfully;

At this point, once candidates have achieved the "CanSkate trained" status within the NCCP Instruction-Beginner context and have registered as a CanSkate Coach for **two consecutive years**, they are now required to become "Certified" as a CanSkate Coach by completing the following requirements:

1. Mentorship Program – this criteria includes Parts A & B:
 - Observe three CanSkate sessions with a Mentor Coach (Part A)
 - Complete the observation notes section of the observation (Part A)
 - Complete the observation diary pages (Part A)
 - Develop a CanSkate group lesson plan and relevant Emergency Action Plan (EAP) (Part B)
 - Teach the group lesson plan in front of your Mentor Coach (Part B)
2. Take the on-line evaluation for Make Ethical Decisions – this criteria includes:
 - Following the training of this module at the CanSkate course, coaches must log on to www.coach.ca and take the on-line evaluation of this module to receive credit for the NCCP outcome – Make Ethical Decision
3. Outline a CanSkate session – this criteria includes:
 - Create a 45 or 60 minute CanSkate session detailing information on the 4 main parts – warm-up, group lesson, group activities and cool-down

Coach Title:

- ✓ CanSkate Coach (trained) ;
- ✓ Certified CanSkate Coach ;

For course information details, contact your [Section Course Administrator](#).