



NCCP Competition-Introduction – Provincial Coach



National  
Coaching  
Certification  
Program

**Entry prerequisites:**

Coaches must be either Primary STARSkate coach trained or certified

**Requirements for Intermediate STARSkate/provincial coach (ISPC) trained:**

1. Complete the ISPC home study guide
2. Attend the ISPC sport science course and complete the required workbook
3. Attend the ISPC stroking & skating skills course and complete the required workbook
4. Attend the ISPC singles course and complete the required workbook
5. Attend the ISPC dance course and complete the required workbook
6. Attend the ISPC pairs & synchronized skating course and complete the required workbooks

**Requirements for provincial coach evaluated and certified:**

Prerequisite: must have an ISPC trained status

1. Video lessons:
  - Submit one technical video lesson with a lesson plan at the juvenile or pre-novice competitive level and;
  - Submit one stroking lesson or skating skills lesson with a lesson plan at the juvenile or pre-novice competitive level
2. Video analysis and music CD:
  - Submit a video analysis and music CD of a juvenile or pre-novice skater/team whose program you have designed or choreographed
3. Have skaters pass juvenile or pre-novice competitive tests.
4. Have a skater/team qualify and compete at a sectional championship level or higher caliber competition (i.e. Junior Nationals, Nationals, etc.) and provide a protocol of the event as proof with your Practical Coaching Record Form.
5. Must complete the Make Ethical Decision (MED) on-line evaluation at [www.coach.ca](http://www.coach.ca)

**Summary:**

1. ISPC Trained (home study + five courses and workbooks)
2. Provincial coach evaluated (trained status + 75 hours, two video lessons, video analysis, tests passed and attend a sectional championship competition with the athlete)
3. Provincial coach certified (evaluated status + MED)

For course information details, please contact your **section course administrator**.