

2010 National Coach Apprenticeship Program

Presented in conjunction with the BMO Canadian Figure Skating Championships

- Location:** London, Ontario
Dates: Friday, January 15 at 7:00 AM – Sunday, January 17, 2010 at 8:00 PM
Cost: \$350.00. Price includes the cost of the program and tickets/access to the event. Coaches pay for their own meals, travel, and accommodations.
Prerequisite: Minimum NCCP Level 2/ISPC certified singles coaches working with competitive athletes.
Facilitator: **Michelle Leigh**, World/Olympic Coach of Jennifer Robinson, Ben Ferriera.

One of Skate Canada's new coaching initiatives is to establish a National Coach Apprenticeship Program for competitive coaches to learn from the best coaches in Canada and the World! The purpose of the program will enable coaches in the competitive stream, who have not yet attended the Canadian Championships with their skaters, an opportunity to come to their first future Nationals prepared, as the coach, and for their athletes.

This new program's objective is to prepare and assist competitive coaches who may have attended a previous Challenge or Junior Nationals event or have skaters in the process of reaching this level of competition, with exposure to the Canadian Figure Skating Championships - coaches will attend sessions with Canada's top coaches. The program will be limited to 25 coaches. Coaches will receive credits for modules in the new NCCP Competition-Development Coach Program.

A wide variety of topics and discussions will be covered on-site at Canadians but all will focus on performance preparation for competitive athletes. The sessions will include the observation of some practices and events, competition planning (pre-comp, comp and post-comp), mental and physical preparation, strategies and tactics using CPC, travel logistics, planning on-site practices, etc.

For more information contact Heather McMahon, Coaching and Skating Programs Administrator at hcmahon@skatecanada.ca or 1-888-747-2372 ext. 2504. Application form is attached.



2010 NATIONAL COACH APPRENTICESHIP PROGRAM
APPLICATION FORM

Name: _____ SC #: _____
Address: _____ CAC Passport #: _____
_____ Phone #: _____
Postal Code: _____ Fax #: _____
Email: _____

NCCP Level of certification: _____

To ensure that the program would meet your needs, please list your objectives for participating in this program:

\$350.00 cheque enclosed payable to Skate Canada **or** pay by credit card.

Name of cardholder: _____ Credit Card: Visa or MasterCard

Card #: _____ Expiry date: _____

Signature: _____

Send to: Skate Canada Coaching Department
865 Shefford Rd. Ottawa, Ontario K1J 1H9
Toll Free: 1-888-747-2372 ext. 2504, Toll Free Fax: 1-877-211-2372
Email: hcmahon@skatecanada.ca

Office Use Only:

Date Received: _____ Invoice No. _____ Account No: 4165-450-462