



**SKATE**CANADA

## ***Continuous Education Program (CEP) - Eligible Activities for Credit***

Cycle: September 1, 2010 to August 31, 2012 (Coaches have two years to gather credits)

<b>CEP Status</b>	<b>Credits Required</b>
<b>Gold</b>	50
<b>Silver</b>	35
<b>Bronze</b>	20

Skate Canada Professional Coaches who are NCCP Level 4 certified or higher are automatically granted “Bronze” status.

<b>Eligible Activities</b>	<b>Credit Value</b>	<b>Requirements</b>	<b>Verification</b>
<b>Skating seminar or clinic (Club, Section, National, ISU)</b> <ul style="list-style-type: none"> <li>• Technical, Sport Science</li> <li>• Fitness/conditioning, nutrition</li> <li>• Dance/movement/theatre</li> <li>• Skating philosophy/strategy/planning</li> <li>• Club programming/administration, planning</li> </ul>	5 credits per full day 2.5 credits per half-day	⇒ 6 hours instruction minimum ⇒ 3 hours instruction minimum	<ul style="list-style-type: none"> <li>• Signature of clinic leader/mentor/ learning facilitator (activity leader)</li> <li>• Letter from hosting body following the seminar</li> </ul>
<b>NCCP courses/tasks</b> <ul style="list-style-type: none"> <li>• Any CanSkate, CanPowerSkate, Primary STARSkate, ISPC or Level 3 technical</li> <li>• PSS Home Study/ ISPC Home Study (5 credits)</li> </ul>	5 credits per day 2.5 credits for half-day	⇒ 6 hours instruction minimum ⇒ 3 hours instruction minimum	<ul style="list-style-type: none"> <li>• Signature of clinic leader/mentor/ learning facilitator (activity leader)/section course administrator</li> <li>AND</li> <li>• Letter of completion from Section or National, or</li> </ul>

<ul style="list-style-type: none"> <li>• Level 4/5 tasks</li> <li>• NCCP Comp-Dev modules or Intro. to Competition Part A and B modules</li> </ul>			<ul style="list-style-type: none"> <li>• Copy of CAC card with completed requirement</li> </ul>
<ul style="list-style-type: none"> <li>• NCCP Evaluation (CanSkate, Primary STARSkate, ISPC, Level 3)</li> </ul>	5 credits	<ul style="list-style-type: none"> <li>• Successful completion</li> </ul>	<ul style="list-style-type: none"> <li>• Confirmation letter from Section, National</li> </ul>
Eligible Activities	Credit Value	Requirements	Verification
<b>Conventions/Workshops</b> <ul style="list-style-type: none"> <li>• National ACGM or National Coaches Conference (NCC)</li> <li>• Section AGM</li> <li>• CAC Sport Leadership Conference</li> <li>• PSA Conference</li> </ul>	5 credits per full day 2.5 credits per half-day	<ul style="list-style-type: none"> <li>• Maximum credits <u>per 2-year cycle</u>: <ul style="list-style-type: none"> <li>- National ACGM or NCC: 30 max</li> <li>- Section AGM: 10 max</li> <li>- CAC Conference: 20 max</li> <li>- PSA Conference: 20 max</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Signature of clinic leader/mentor/ learning facilitator (activity leader) / Coaching &amp; Skating Programs representative</li> </ul>
<b>Mentoring</b> (being mentored on-ice with a current Skate Canada Professional Coaching Member)	2 credits	<ul style="list-style-type: none"> <li>• 2 credits for every 3 hours of on-ice and off-ice mentoring</li> <li>• Maximum 20 credits (30 hours) <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of mentor.</li> <li>• <i>Mentor must have higher NCCP Level than the coach (If the coach is learning a different discipline, then the mentor that is teaching that discipline must have at least the same certification level as the coach.)</i></li> <li>Signature of Club President or Head Coach</li> </ul>
<b>University/College program or course (in-class or on-line):</b> <ul style="list-style-type: none"> <li>• Psychology, Physiology,</li> <li>• Medicine/sports medicine,</li> <li>• Nutrition,</li> <li>• Business,</li> <li>• Teaching/coaching,</li> </ul>	10 credits per course	<ul style="list-style-type: none"> <li>• Maximum 30 credits <u>per cycle</u></li> <li>• Course must be completed and passed.</li> <li>• Correspondence and internet courses qualify</li> </ul>	<ul style="list-style-type: none"> <li>• Letter from institution confirming successful completion or transcript indicating successful completion.</li> </ul>

<ul style="list-style-type: none"> <li>• Sport administration,</li> <li>• Dance/movement/theatre</li> <li>• National Coaching Institute courses</li> <li>• Conflict resolution</li> </ul>			
<b>Volunteering on a Skate Canada committee in a coaching role</b>	5 credits per season	<ul style="list-style-type: none"> <li>• May be Club, Region, Section or National level.</li> <li>• Must be a full season commitment.</li> </ul>	<ul style="list-style-type: none"> <li>• Signature of committee chair (For Committee Chair obtain signature of Board Chair at respective level)</li> </ul>
<b>Respect in Sport (RIS) Training</b>	2 credits	<ul style="list-style-type: none"> <li>• Credits may only be claimed once indefinitely</li> </ul>	<ul style="list-style-type: none"> <li>• Letter from RIS indicating successful completion</li> </ul>
<b>Eligible Activities</b>	<b>Credit Value</b>	<b>Requirements</b>	<b>Verification</b>
<b>Coach information meetings</b>	1 credit	<ul style="list-style-type: none"> <li>• Must be at Section level or higher.</li> <li>• Must be minimum one hour in length.</li> <li>• Maximum 10 credits <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of meeting chair/leader</li> </ul>
<b>CPC Technical Specialist / Assistant Technical Specialist</b>	5 credits per competition	<ul style="list-style-type: none"> <li>• Maximum 20 credits <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of competition referee / National Office representative</li> </ul>
<b>Leadership Activities</b>	<b>Credit Value</b>	<b>Requirements</b>	<b>Verification</b>
<b>Seminar or clinic instructor (club, Section, National, ISU)</b> <ul style="list-style-type: none"> <li>• Technical/Sport science</li> <li>• Fitness/conditioning, nutrition</li> <li>• Dance/movement/theatre</li> <li>• Skating philosophy/strategy/planning</li> <li>• CPC clinics</li> </ul>	5 credits per day 2.5 credits for half-day	<ul style="list-style-type: none"> <li>• Maximum 10 credits <u>per seminar</u></li> <li>• Must be for skaters, coaches and/or volunteers</li> <li>• Paid or volunteer</li> </ul>	<ul style="list-style-type: none"> <li>• Signature of seminar host or Club President, Skating School Director or</li> <li>• Signature of Section or National Office representative</li> </ul>
<b>Club programming/</b>	1 credit per hour	<ul style="list-style-type: none"> <li>• Maximum 20 credits <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of Club President or</li> </ul>

<b>administration, planning</b>		<ul style="list-style-type: none"> <li>• Paid or volunteer</li> </ul>	Skating School Director
<b>NCCP Master/Learning facilitator</b>	5 credits per day 2.5 credits for half-day	<ul style="list-style-type: none"> <li>• Maximum 10 credits <u>per course</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of Section Course Administrator</li> </ul>
<b>Canada Winter Games or Provincial Winter Games Team Coach</b>	1 credit per day	<ul style="list-style-type: none"> <li>• Maximum 10 credits <u>per Games</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of Section Representative</li> </ul>
<b>Acting as a Mentor Coach</b> (when mentoring coaches)	2 credits	<ul style="list-style-type: none"> <li>• 2 credits for every 3 hours of on-ice and off-ice mentoring to qualify</li> <li>• Maximum 10 credits <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of Club President or Skating School Director</li> <li>• <i>Mentor must have higher NCCP Level than the coach (If the coach is learning a different discipline, then the mentor that is teaching that discipline must have at least the same certification level as the coach.)</i></li> </ul>
<b>Conducting Parent Information Sessions at a Skate Canada Member Club</b>	1 credit	<ul style="list-style-type: none"> <li>• Must be minimum 1 hour in length</li> <li>• Maximum 10 credits <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of Club President or Skating School Director</li> </ul>
<b>Conducting Program Assistant Training for CanSkate</b>	1 credit	<ul style="list-style-type: none"> <li>• 1 credit per 1 hour of training</li> <li>• Maximum 10 credits <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of Club President or Skating School Director</li> </ul>
<b>Club Consultants</b>	2 credits <u>per visit</u>	<ul style="list-style-type: none"> <li>• Program must be managed at the section or national level</li> <li>• Maximum 20 credits <u>per cycle</u></li> </ul>	<ul style="list-style-type: none"> <li>• Signature of Section or National Office representative</li> </ul>